

CHOOSING A CO-PILOT

Which focus factor are you looking for some professional help with?

Follow the Four C's:

COST

Explore three separate options for meeting your needs, determine the costs associated with each route.

Option A (Brief Description)	Option B	Option C
Cost of A	Cost of B	Cost of C
Ranking based on budget	Ranking based on budget	Ranking based on budget

CHARACTER & CREDIBILITY

Record your notes of the answers to the following questions to help determine the character and credibility of the person you're considering working with. Don't forget to factor in any "gut feelings" you get during the conversation!

QUESTION

NOTES

1. What are your core values?	
2. How do you define success in the client-coach relationship?	
3. Do you personally practice what you preach?	

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<p>4. How can I trust that you'll be honest with me?</p>	
<p>5. I value radical transparency, how transparent are you and how accessible are you?</p>	
<p>6. How have you helped someone in my position with my goals in the past? How did it turn out for them?</p>	

CREDENTIALS

List the credentials here of the professional you're considering. These can include professional designations, awards won, books written, papers published, etc...Also list any references the professional gives you or notes from others you've asked who have worked with them professionally.

<p>Credentials</p>

<p>References</p>

THREE-MONTH EVALUATION

After three months of working with your co-pilot, review this worksheet to determine if they still meet your criteria for all four C's. If not, re-do the worksheet for alternative options!